

# HORARIO DE NOVIEMBRE 2021

## Espacio A

HORARIO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
8 A 9		PILATES REFORMER CAMILA		PILATES REFORMER CAMILA			
9 A 10						PILATES REFORMER GABRIELA	
10 A 11							PILATES REFORMER CAMILA
11 A 12	PILATES REFORMER MARIBEL	PILATES REFORMER MARIBEL	PILATES REFORMER MARIBEL	PILATES REFORMER MARIBEL	PILATES REFORMER MARIBEL		
19 A 20	PILATES REFORMER MARIA LUISA	PILATES REFORMER MARIBEL	PILATES REFORMER MARIA LUISA	PILATES REFORMER MARIBEL			
20 A 21							

## Espacio B

HORARIO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7 A 8							
8 A 9	CYCLING EVILETH		CYCLING EVILETH				
9 A 10							
10 A 11		CYCLING RENE		CYCLING RENE		CYCLING TEHILA	
11 A 12							CYCLING CAMILA
12 A 13							
19 A 20		CYCLING EVILETH		CYCLING EVILETH			
20 A 21							

## Espacio C

HORARIO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
8 A 9				BARRE CAROLINA			
8:30 A 10							
9 A 10:30	YOGA HATHA ANAIS	POWER YOGA MICHAEL		YOGA VINYASA BLANCA			
10 A 11:30			YOGA HATHA LUIS		YOGA HATHA LUIS		
11 A 12						ZUMBA EVELIN	
12 A 13:30						YOGA VINYASA PATRICIA	YOGA VINYASA YOCELIN
18 A 19	BARRE CAROLINA						
19 A 20		ZUMBA EVELIN		ZUMBA EVELIN			
20 A 21:30	YOGA KUNDALINI NARAYAN		YOGA KUNDALINI NARAYAN				